

# Connie Clinic

**Spay / Neuter Wellness**

3901 Hwy 36 North

Brenham, Texas 77833

(979)277-0400

## **POST-OPERATIVE INSTRUCTIONS**

Your dog or cat has undergone general anesthesia and surgical sterilization. For the safety and well-being of you and your animal, **please** follow these post-operative instructions carefully.

Dogs and cats must be kept indoors after surgery for the next 5 to 7 days. This will enable you to carefully monitor recovery and will prevent complications and possible death from exposure to outdoor temperature extremes.

As when any anesthesia is used, stomach upset can occur. To avoid stomach upset, we recommend that you restrict the amount of food and water your dog or cat has access to during the first 3 hours at home after surgery. You can provide one or two ice cubes to lick or chew on during this time. You can offer a small amount of food and water after three hours and gradually increase the amounts over the next 24 hours.

Restrict your animal's activity for the next 7 days. Do not allow running or jumping.

Do not allow your animal to lick / chew at the incision site. If licking or chewing becomes a problem, an E-collar can be used to prevent the animal from being able to reach the incision. E-collars can be purchased here at Connie Clinic - Surgery / Wellness and at most pet stores.

You should check the incision at least twice daily until healed. We strongly recommend a free follow-up exam here at Connie Clinic - Surgery / Wellness. A small amount of blood seepage is normal immediately after surgery. Should you notice any continued drainage or swelling, contact the clinic or after-hour emergency telephone number listed below.

If the incision should become dirty, gently clean the area with a cotton ball and luke warm water.

You must not allow your dog or cat to get wet for at least 7 days after surgery. This means no bathing, swimming or rainy weather exposure for at least one week after surgery.

If the surgery required the use of sutures, the sutures are dissolvable and should not require removal. Because male cat neuters do not require the use of sutures, we advise using shredded newspaper instead of litter in your cat's litter box for 7 days after surgery to prevent dust particles from irritating the incision site.

**DO NOT GIVE ASPIRIN OR TYLENOL TO DOGS AND CATS FOR PAIN RELIEF UNLESS SPECIFICALLY PRESCRIBED BY YOUR VETERINARIAN. TYLENOL IS TOXIC TO ANIMALS AND ASPIRIN CAN BE DEADLY AFTER SURGERY.** Your animal was given pain medication at the time of surgery. Additional pain medication was sent home with you today with instructions.

If you have any additional questions about your animal's condition after surgery, please call:

Clinic: 979-277-0400 or 979-277-0401

After Hours: 979-203-0396